

Schedule for Stage Programmes

表演台節目表

時間 Time	11月6日 (星期六) 6 th November (Saturday)
3:30 – 3:50 pm	<p>過大禮懶人包 Tips for Guo Da Li (由歐惠芳婚禮顧問贊助提供) (Presented by Sharon Au Wedding Consultants)</p>
4:00 – 4:20 pm	<p>“玄”來如此 All About Numerology (由陸登玖型玄學堂贊助提供) (Presented by Master Loke Metagram)</p>
4:30 – 4:50 pm	<p>「打開夫妻關係的理解」 Open up our understanding (由循道衛理楊震社會服務處家庭健康教育及輔導中心贊助提供) (Presented by Yang Memorial Methodist Social Service Family Health education and Counselling Centre)</p>
5:00 – 5:20 pm	<p>婚禮奏樂示範 Live Performance of Wedding Music (由Mitis Chamber Live Music贊助提供) (Presented by Mitis Chamber Live Music)</p>
5:30 – 5:50 pm	<p>JumpToFit (由Nike Jump Rope Camps贊助提供) (Presented by Nike Jump Rope Camps)</p>
時間 Time	11月7日 (星期日) 7 th November (Sunday)
3:30 – 4:00 pm	<p>陳倩揚教你健康輕鬆飽住瘦 Skye Chan's Tips: How to Lose Weight Easily & Healthily Without Feeling Hungry (由雀巢OPTIFAST® 贊助提供) (Presented by NESTLE OPTIFAST®)</p>
4:10 – 4:30 pm	<p>婚前修身指南 Complete guideline of pre-marriage transformation (由Cece Lui贊助提供) (Presented by Cece Lui)</p>
4:35 – 4:55 pm	<p>仙氣顯瘦新娘化妝示範 Bridal Make Up Demo (由Fi Makeup贊助提供) (Presented by Fi Makeup)</p>
5:10 – 5:30 pm	<p>過大禮懶人包 Tips for Guo Da Li (由歐惠芳婚禮顧問贊助提供) (Presented by Sharon Au Wedding Consultants)</p>
5:40 – 6:00 pm	<p>愛的溝通練習：建立你們的「愛情地圖」 Connect with you partner: Making the "Love Map" (由循道衛理楊震社會服務處家庭健康教育及輔導中心贊助提供) (Presented by Yang Memorial Methodist Social Service Family Health education and Counselling Centre)</p>

(The above programmes are subject to change. 上述節目內容及時間如有改動，以大會最後公佈為準)